Senior Charity Application Checklist

Grants for Seniors — Printable Resource

Documents to Gather

• Government-issued ID (driver's license, state ID, or passport)

• Proof of income (Social Security letter, pension statement, pay stubs)

• Proof of residence (lease, mortgage, or recent utility bill)

• Health/Disability documentation (if applicable)

• List of monthly expenses (rent, utilities, medications)

• Names & phone numbers of emergency contacts

Before You Apply

• Identify your top 2–3 needs: food, rent/utility help, home repairs, transportation, companionship

• Check that the charity serves your ZIP code/county

• Verify eligibility (age, income limits, residency, documentation)

• Create a folder (paper or digital) for all documents

• Write down questions to ask (waitlists, timelines, required forms)

Where to Start (Trusted Options)

• Meals on Wheels — home-delivered meals and wellness checks

• Feeding America — local food banks & CSFP for seniors

• Catholic Charities — emergency rent/utility support

• Eldercare Locator (ACL) — find local aging services: 1-800-677-1116

• NCOA BenefitsCheckUp.org — screen for SNAP, SSI, Medicare Savings, energy aid

Pro Tips

• Apply to more than one program to avoid delays or waitlists

• Keep photocopies or photos of everything you submit

• Ask about priority/expedited processing for seniors with urgent needs

• If phone is easier, call 2-1-1 for local assistance referrals