

# California Senior Benefits

Application & Follow-Up Tracker (printable)

Use this to track applications, case numbers, and next steps.

Program	Date applied	How (online/phone/in-person)	Case # / Confirmation	Next step & date

**Reminder:** Keep copies of what you submit. Write down the name of anyone you speak with.

# Follow-Up Call Log

Every time you call, write what happened. This helps if you need to appeal or escalate.

Date	Who you contacted	Phone / website	What they said	Next action

**Safe place for notes (do not write passwords here):**

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