



Your Housing & Rent Assistance Guide for Seniors

Helping older adults find safe, affordable housing
with confidence.

Created by [GrantsForSeniors.org](https://www.GrantsForSeniors.org)

Find the Help You Deserve

At GrantsForSeniors.org, we believe every older adult deserves a safe, comfortable home. Our goal is to make it simple for seniors to find and apply for housing and rent assistance programs in their area.

Use this booklet to plan your next steps, keep track of applications, and stay organized — because financial peace and housing stability should be within everyone's reach.

Visit grantsforseniors.org for updated programs, application links, and guidance.

Housing and Rent Assistance Action Plan

1. Review available federal, state, and local programs on [GrantsForSeniors.org](https://www.GrantsForSeniors.org).
2. Identify which programs you qualify for (based on income, age, and housing needs).
3. Gather required documents: proof of income, ID, rental agreement, and utility bills.
4. Submit applications to multiple programs to increase chances of approval.
5. Keep track of submission dates, reference numbers, and contact details.
6. Follow up regularly on pending applications and waitlists.
7. Seek help from local housing authorities or nonprofit partners if needed.

Housing & Rent Assistance Checklist

- ☐ Proof of age (ID, driver's license, or birth certificate)
- ☐ Proof of income (pension, Social Security, or benefits statements)
- ☐ Rent or lease agreement
- ☐ Utility bills (for proof of address)
- ☐ Contact details of your landlord or housing provider
- ☐ Completed application forms
- ☐ Notes on submission dates and follow-ups

Housing Assistance Application Tracker

[illegible]

Housing Assistance Waitlist Tracker

[illegible]

You're not alone — help is available.

Every step you take toward finding assistance brings you closer to comfort and peace of mind. Use this guide to stay organized and take charge of your housing journey.

Visit grantsforseniors.org for tools, updates, and local resources.